

## Mind, Body and Soul Treatments

Stone Therapy is a complete holistic and harmonising treatment. Using warm basalt stones, cold marine stones and semi-precious stones, this treatment takes your relaxation to another level.

Hot stone body massage, cold stone facial massage and chakra balancing .....	£70.00
Hot stone body massage .....	£55.00
Hot stone back massage .....	£40.00

### Hopi Ear Candling

This treatment equalises pressure in the head and ears as well as providing a highly relaxing treatment which calms the whole body. Beneficial for sinus problems, hayfever and compacted wax. .... £28.00

### Indian Head Massage

A relaxing holistic treatment that uses acupressure massage on the back, head and face. Helps to balance the mind, body and spirit, whilst promoting emotional, physical and spiritual health ..... £33.00

## Eyes

Eyebrow Tidy .....	£11.00
Eyelash Tint* .....	£15.00
Eyebrow Tint* .....	£10.00
Lash Lift* .....	£45.00

\* a patch test must be carried out prior to treatment

## Individual Eyelash Extensions

Each set is customised to the look that you require.

Silk eyelash extensions (full set) .....	£70.00
Silk eyelash extensions (half set) .....	£45.00
30 minute infills – every 2 weeks .....	£30.00
Removal .....	£15.00

## Tranquil Male

### Waxing

Back and shoulder .....	£25.00
Chest (please clipper long hair prior to treatment) .....	£18.00
Eyebrow .....	£10.00

### Body & Back Massages

See under 'Body Treatments' section

## Hands & Feet

Due to our high standards of hygiene, we regret we are unable to treat your hands or feet if you have any fungal or infectious disorders.

### GEleration – soak off gel polish from Jessica

This delivers a long lasting flawless finish that dries in seconds

GEleration Gel overlay manicure .....	£34.50
GEleration Gel overlay pedicure .....	£38.00
GEleration removal .....	£11.00
GEleration removal when new set is applied. Please note that we do not remove acrylics, overlays or other brands of gel polish .....	£5.75
Swarovski Crystals .....	30p each
French Finish .....	£3.50

### Jessica Standard Manicure (45 mins)

A complete nail care system using the intensive range of Jessica products. Includes file, cuticle work, massage and polish. .... £28.00

### Jessica de luxe Manicure (1 hour)

As above but with the added luxury of heated mittens. This will aid penetration of the products. This treatment will benefit dry hands and cuticles. .... £35.00

French Manicure. .... *extra* £3.50

File and Polish Only ..... £15.00

File and Polish Gel ..... £18.00

### Jessica Zen Spa Pedicure (1 hour)

A luxurious treatment for the feet. Treatment includes a foot spa, exfoliating scrub, nails clipped, cuticle work, foot and leg massage and polish. .... £33.00

### Jessica de luxe Zen Spa Pedicure (1 ¼ hours)

As above but with the addition of heated booties to help the creams to penetrate. This would benefit those with dry, hard skin. Alternatively a cooling mask can be applied if preferred. .... £38.00

### Callus Peel

Softens hard calluses quickly. A blade-free, gentle treatment with instant results. Leaves your skin smooth and soft. *(Please note that you may need more than one treatment depending on the amount of hard skin that has built up. You will also need to use homecare products to maintain the result.)* ..... £26.00

## Treatment Packages

We require a 50% non-returnable deposit when booking one of these packages.

### Mum to be (3 ¼ hours)

Includes: Jessica de luxe pedicure, Jessica de luxe manicure and Dermalogica facial (as aromatherapy oils are not recommended during pregnancy the oils will be sprinkled around the bed and not placed on the skin) ..... £105.00

Beautiful Bride (7 ½ hours) (This package can be split over different days)  
Geleration manicure, Jessica de luxe pedicure, Eyebrow tidy, Eyelash tint, look better naked spa treatment, Dermalogica facial, trial and wedding day make up ..... £250.00

### All about me (5 ¼ hours)

Contour mask Dermalogica facial, look better naked spa treatment, GEleration manicure and Jessica de luxe pedicure ..... £190.00

## Opening Hours

*These hours are subject to change*

Monday .....	9.00am – 5.00pm	Tuesday .....	9.00am – 7.00pm
Wednesday .....	10.00am – 7.00pm	Thursday .....	9.00am – 6.00pm
Friday .....	9.00am – 5.00pm	Saturday .....	9.00am – 4.00pm

Cash and cards only. Unfortunately we no longer accept payment by cheque.

Gift vouchers available for any amounts.

10% discount given on course of treatment booked and paid for in advance.

FREE parking outside the Salon.

Please be respectful to our neighbours when parking as we are situated in a residential area.

Air conditioned premises.

## Any Medical Changes?

Not all treatments are suitable for everyone. If you are pregnant, taking medication, have recently had an operation, illness or have a medical condition, including cancer, please make us aware at the time of booking.

## Cancellations, No Shows & Time Keeping

Please note that clients not giving a full 24 hours notice before cancelling their appointment will be charged 50% of the treatment booked.

During busy periods, such as Christmas Week, then 48 hours notice of a cancellation will be required or 50% of the treatment booked will be charged.

For clients not attending their appointment, without notice, the full cost of the treatment booked will be charged.

Please also be aware that for us to continue to run an efficient schedule, if you arrive late we will be unable to give you the full allotted time.



# Tranquillity Beauty Salon

12 Moorfield Road  
Duxford  
Cambridge  
CB22 4PS

Tel: 01223 505041



Open 6 Days a Week  
[www.tranquillitybeautysalon.co.uk](http://www.tranquillitybeautysalon.co.uk)

## Welcome to Tranquillity

At Tranquillity our aim is to take you away from the stresses and strains of everyday life. To transport you into a peaceful tranquil environment.

Take time out and escape the pressures of life and let us care for your mind as well as your body.

We all deserve to be pampered.

With this in mind, we respectfully request that young children are not brought into the Salon. As well as not providing a safe environment for them, it does not allow you to totally relax.

They may also disturb other clients' enjoyment of their treatment.

To maintain our tranquil environment, we kindly ask you to switch off your mobile phone.

Tranquillity can be a way of life, not a luxury.

All treatments carried out in strictest confidence.

### Male Clients

Whilst we are happy to treat male clients we make it a policy of the Salon that they are accompanied by a female, or that they have a female relation who is a regular client of the Salon.

### Treating Clients Under 16 Years Old

All minors wishing to have treatments at the salon must first have written/signed consent from their parent or guardian, stating that they are happy for the treatment to go ahead. They must also be present throughout the treatment.

### Proprietor

Carolyn Folbigg  
Qualified in 1980

Price list valid from 1.7.2019  
Replaces all previous price lists

## Face Treatments

### The moment your skin changed. Forever

When Dermalogica meets skin, skin health is refined. Our promise to you is that your skin will never have felt as clean, or as healthy, as after one of our professional services; nor will you leave our Salon without understanding your skin and its needs... What does that mean for your skin? Quite simply: Real answers. Real results.

### Facemapping skin analysis

10 minutes ..... Free  
Your Dermalogica Skin Therapist will diagnose your skin's concerns and prescribe a home care and treatment regime to deliver your optimum skin health. A professional consultation that reveals your skin's past, present...and healthiest future.

### The Dermalogica skin treatment

The Dermalogica skin treatment is 100% customised to your skin's needs based on consultation and a thorough Facemap analysis, making it one treatment...that's different every time! Totally designed to meet your needs.

ProSkin 30 ..... £28.00  
Want a professional skin treatment but short on time? We'll address your top skin concern. Maximum results in a minimum of time.

ProSkin 60 ..... £50.00  
Includes professional double cleanse, exfoliation, extration (as needed), customised face massage, masque, chosen touch therapy, toner and skin protection.

ProSkin 75 ..... £66.00  
Includes all of the above, but with the addition of the Contour masque which firms and contours skin. This product will help stimulate new collagen formation.

ProSkin 90 ..... £78.00  
Includes all of the above, the Contour masque, and a stress relief back touch therapy.

Pro Power Peel ..... £90.00  
Want to experience a truly transformative treatment? This advanced customised 60 minute facial will instantly rejuvenate and refresh your skin. This peel targets lines and wrinkles, uneven pigmentation and breakouts.

Milia removal ..... £5.00

## Make up

Make up lesson ..... £60.00  
Professional make up application ..... £50.00  
There will be an extra charge for the make up artist to travel to you on the day.



## Hair Removal

### Electrolysis

A permanent method of removing unwanted hair, using disposable, sterile sterex needles. Regular commitment to treatment is essential in order to achieve successful results.  
Up to 5 minutes ..... £10.50  
Up to 15 minutes ..... £18.50  
Up to 30 minutes ..... £24.50  
Up to 45 minutes ..... £35.00  
Up to 60 minutes ..... £50.00

### Waxing (warm wax)

An effective way of removing unwanted hair. Results can last from 4-6 weeks. We use a rosin-free wax which is kinder to the skin.  
Underarm. .... £12.50  
Knicker line ..... £11.50  
High bikini line ..... £15.00  
Half leg (knee to ankle) ..... £20.00  
Half leg (tops of legs inc. bikini line) ..... £24.00  
Half leg and bikini. .... £26.00  
Three quarter leg (knee to ankle and backs of thighs) ..... £26.00  
Full leg (no bikini) ..... £30.00  
Full leg (including bikini) ..... £36.00  
Eyebrow. .... £11.00  
Lip/Chin (only after consultation and advice given) ..... £11.00  
Arm wax ..... £18.00

### Hot/Intimate Waxing

Hair removal using special hot wax for a less painful removal. Ladies only.  
Brazilian (leaving a strip) ..... £33.00  
Hollywood (full removal) ..... £33.00  
Underarm. .... £19.00  
Bikini ..... £18.00  
Eyebrow. .... £16.00  
Lip/chin ..... £16.00  
Half leg wax ..... £26.00

## Advanced Cosmetic Procedures

(effective removal of skin disorders and blemishes)  
These include:- Telangectasia, Spider Naevi, Papillomas, Skin Tags and Cherry Spots (Campbell de Morgan)

Consultation and patch test ..... £10.50

### Red thread vein removal from the face and body

15 mins ..... £55.00  
30 mins ..... £88.00  
45 mins ..... £110.00

### Cherry Spot Removal

10 mins ..... £23.00  
15 mins ..... £33.00  
20 mins ..... £45.00  
30 mins ..... £55.00

## Body Treatments

### Look Better Naked Spa Treatment

A complete body treatment which includes a scrub, mask and luxurious application of rich body cream. A perfect pre-holiday treat, prior to a spray tan, or for any special occasion when you need to bare all! ..... £58.00

### Aromatherapy Body Massage

Full body massage using pure essential oils that have been selected to suit your mood. Will help to release tension and calm your mind, body and soul ..... £47.00

### Swedish Body Massage

This massage is stimulating and increases blood and lymphatic circulation. It will calm your nerves and promote a feeling of well being. .... £47.00

### Back, Neck and Shoulder Massage

A relaxing or stimulating massage using aromatherapy oils especially selected to suit your mood. .... £28.00

### Luxury Back Massage

This treatment also includes a full back cleanse, tone, exfoliation and scalp massage... £35.00

### Essential Oil Top to Toe

A soothing and very relaxing treatment using precious aromatherapy oils. Your face, body and scalp are massaged using special pressure point techniques. This two-hour treatment is the ultimate in luxury and is particularly useful in treating stress-related conditions. .... £82.00

### Sienna x Airbrush Tan\*

Using the latest airbrush technique, this gives a natural looking tan that lasts approximately 5 days. We recommend that you have a full body exfoliation 24 hours before to achieve the maximum effect. .... £32.00

